

# Post-Op Bra Suggestions:

**Please note:** These are just bra *suggestions*. You do not have to purchase a bra listed in this document. Ideally, your post-op bra should have **NO underwire**, a front zipper (for convenience– hook and eye closures are okay too), thick straps for comfort and a lower elastic band that is positioned below the incision sites to prevent irritation. When used correctly, surgical compression bras will reduce swelling, protect and stabilize the breast area during the surgery recovery period. Depending on the return policy, we sometimes recommend the purchase of two bras due to the swelling factor.



## The Amoena Patricia Soft Cup Post-Surgical Bra

Model #2863

The Amoena is ideal for immediate use following all types of breast surgeries, including mastectomy, breast augmentation, breast reduction, lumpectomy, breast reconstruction, as well as other procedures requiring light compression.

[www.metromedicalonline.com](http://www.metromedicalonline.com) (866)774-9513

**\$60**

## Sports Bra Molded Cups Front Zipper by Contour Product SKU: 42-SBP

Your comfort and results were in mind with contour's Sports Bra with Molded Cups. The compression bra Style 42 provides compression, support and comfort with a light breathable fabric. This post surgical bra features molded cups, a front zipper and racer-back style and is recommended for after surgery recovery after any breast procedure. As your body heals, the Style 42 compression bra helps stabilize the implants for more even and natural results.

[www.Contourmd.com](http://www.Contourmd.com) (800) 331-6990

**\$54.60**



## Enell Women's SPORT Sport's Bra

Web ID: 33275676

Hook and eye closure system along the front delivers a secure fit that stays in place. Wide shoulder straps reduce shoulder fatigue for all day comfort. Wide bottom band moves with you for controlled comfort. Full back, cross-strap design engages back support while helping to improve posture.

[www.dickssportinggoods.com](http://www.dickssportinggoods.com) **\$64-\$68**



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## Champion Women's Zip Sports Bra

Web ID: 53307276

Ultimate support and lasting comfort just got easier with the Champion® Women's Zip Sports Bra. Featuring a front zipper with a rubber zipper pull, getting this sports bra on and off is simple and convenient, while the two sets of closures and a locking zip keep you secured. With Double Dry moisture management, ventilating mesh panels, and adjustable straps, you're ensured easy customizable comfort so you can focus on your session.

[www.dickssportinggoods.com](http://www.dickssportinggoods.com)

**\$42**

## Marena Surgical Bra with 2" Elastic Band by Comfortwear

Item# B2

50% Tactel Nylon & Soft Lycra with adjustable 3 row hook-and-eye. Stretches in all directions providing superior supportive compression. Molds like a second skin because of INVISTA's LYCRASOFT and TACTEL fibers. Holds its shape even after 60,000 flexes and 30 extreme washes. Meets INVISTA COOLMAX standards for dryness, cooling effect, and moisture absorption. Antimicrobial protection inhibits the growth of bacteria, mold and mildew to keep you fresh and cool.

[www.marenagroup.com](http://www.marenagroup.com)

**\$48.20**



## Armour Bra® Protegée

Style # 1236586

Super-smooth HeatGear® fabric delivers the ultimate chafe-free comfort. Lightweight, 4-way stretch fabrication improves range of motion and dries faster . Anti-microbial technology keeps your gear fresher, longer . Fast zip front features of chafe-free hook & eye closure for extra security . Polyester/ Elastane .

[www.underarmour.com](http://www.underarmour.com)

**\$49.99**

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## **The Last Resort Bra**

If you've tried every bra out there and still bounce, try this one. Our testers say it completely eliminates bounce. Literally, you won't move, and that's a beautiful thing. Sturdy nylon/spandex construction. We recommend this as the workout bra of choice for D, DD and DDD cups who don't want to bounce at all.

[www.TitleNine.com](http://www.TitleNine.com) (888) 732-6962

**\$66-69**

*Lady Grace*®  
INTIMATE APPAREL

Lady Grace is also a great local resource with store locations in Massachusetts, New Hampshire and Maine.

Please visit their website at [www.LadyGrace.com](http://www.LadyGrace.com) or call them at 800-922-0504